

# Meet the Team

## Family Medicine with Obstetrics (FM/OB)

Congratulations! Thank you for choosing Hudson Physicians to oversee your pregnancy and birthing experience.

The strength of the FM/OB team is that we take care of both mom and baby from the beginning. Our team provides education, answers questions and cares for baby during and after pregnancy. We will be your baby's primary doctor while in the hospital and afterward for well child visits and immunizations. We care for all types of OB patients, including those with common high-risk conditions. It is not unusual for the FM/OB providers at Hudson Physicians to come in for delivery, even when they're not on call. We strive to build relationships with patients and their families before, during and after pregnancy.

Because regular prenatal care is essential for a healthy pregnancy, we recommend monthly visits until 28 weeks, twice monthly visits until 36 weeks and weekly visits thereafter until your delivery. If you have questions in between visits you can contact your provider's assistant at 715-531-6800 or 877-240-1365. They will relay messages to your provider. If you have urgent questions after hours, you can call the clinic and leave a message for the on-call provider. For urgent labor and delivery questions, call Hudson Hospital and Clinics Birth Center at 715-531-6572.

Having a baby is a time to both celebrate and prepare. During the pregnancy, your concerns are our concerns. We will answer your questions and help you along the way. Congratulations and we look forward to sharing this wonderful experience with you.

### What to expect at your visits:

#### First Trimester Visits

**Week 4–8** Confirmation of pregnancy visit, confirm dates, answer any questions.

**Week 8–12** Dating ultrasound.

**Week 10–12** Initial OB visit. Answer questions, listen to baby, physical (including pap if due) and lab work (blood draw and urine sample).

#### Second Trimester Visits (12–27 weeks—every 4 weeks)

**Week 16–20** Quad screen for fetal anomalies (optional).

**Week 20** Fetal Survey Ultrasound. Looks at all of baby's organs (including gender).

**Week 24–28** Bloodwork and urine test. Looking for gestational diabetes, anemia and urine infection.

#### Third Trimester Visits (28–36 weeks—every 2 weeks; 36 weeks until delivery—weekly)

**Week 28–40** Tetanus/pertussis booster.

**Week 35–38** Blood work checking for anemia, external swab for Group B Strep status.

**Week 36 until delivery** Optional cervical exams.



**Mark Druffner, MD**



**Kari Smith, MD**



**Mark Stannard, MD**



**Greg Young, MD**

877-240-1365

**HudsonPhysicians.com**

